

McDougal's Farm LLC

What's Growing On !

Recipes

Bok Choy Salad

Serves 4 (printed from allrecipes.com)

½ cup olive oil
¼ cup white vinegar
1/3 cup sugar or sugar substitute
3 Tbsp. Soy Sauce
2 bunches bok choy (or 1 large), cleaned and sliced
1 bunch green onions, chopped
1/8 cup slivered almonds, toasted
½ (6 oz.) package chow mein noodles

In glass jar with lid, mix together olive oil, white vinegar, sugar and soy sauce. Close the lid and shake until well mixed.

Combine bok choy, green onions, almonds and chow mein noodles in a salad bowl. Toss with dressing and serve.