

Recipe for this week's box prep.

236 pounds of beets
370 pounds of potatoes
243 pounds of carrots
400 bell peppers
300 onions
400 turnips
120 bundles of thyme
120 bags of chard
180-200 bulbs of garlic
270 kohlrabi
1000 pounds of tomatoes...may be exaggerated

Prepare 120 clean boxes, set aside. Get up early, gather several strong backs and pitchforks. Dig, lift, haul, wash, weigh and bag first 3 ingredients. Carefully select 400 of the ripest peppers. Pull, haul and clean onions and turnips. Bundle thyme and bag the chard. Remove 200 bulbs of garlic off the drying table. Pull up kohlrabies, cut off greens and roots.....don't forget to count. Then go pick about 1000 pounds of tomatoes. Put them on the trailer, take them off the trailer...carry them one more time to the packing shed. Add a generous amount of good attitude, a sense of humor and a fair amount of determination....do not skimp on these. Garnish with gratefulness for a wonderful team and a strong back.

You can substitute the beets greens with chard or kale and you can also add kohlrabi and turnips to the mix.