

McDougal's Farm LLC

What's Growing On!

Recipes

Veggie Wraps

- green onions, chopped
- tomatoes, chopped
- pea pods
- feta or grated cheddar cheese
- greens (lettuce, spinach, kale), chopped
- ramps, chopped fine
- pepperoni or smoked chicken breast (works best for camping but can substitute grilled chicken breast, cooked marinated beef strips or bacon)
- Your favorite salad dressing
- 1 pkg. of tortillas, burrito size 8" or larger

Pile on the fixins and then try to figure out how to roll it all up without losing any of it...yum...oh, you will need napkins....a sleeve if your camping.