

Bok Choy Salad

Serves 4 (printed from allrecipes.com)

½ cup olive oil

¼ cup white vinegar

1/3 cup sugar or sugar substitute

3 Tbsp. Soy Sauce or Braggs Liquid Aminos

2 bunches bok choy (or 1 large), cleaned and sliced

1 bunch green onions, chopped

1/8 cup slivered almonds, toasted

½ (6 oz.) package chow mien noodles

In glass jar with lid, mix together olive oil, white vinegar, sugar and soy sauce. Close the lid and shake until well mixed. Combine bok choy, green onions, almonds and chow mien noodles in a salad bowl. Toss with dressing and serve.