

McDougal's Farm LLC



Visit us at: www.mcdougalsfarm.com
Or email us at mcdougalsfarmllc@gmail.com

A Community Supported Agriculture Enterprise

Come Join Us

Community Supported Agriculture (CSA) is a twist in farming that reconnects families *back* to a local farmer that grows their food. Members receive farm fresh veggies throughout the growing season and enjoy reconnecting back to the land and growing seasons with a direct link to their farm.

McDougal's Farm is now accepting membership applications for the **2020 growing season**. It's simple: you pay for a season's worth of vegetables before the growing season begins and we deliver them to the designated drop off site of your choice for 18 or 9 weeks, beginning early June to mid October. Early sign up is recommended and helps us with our planning.

What You Receive as a CSA Member

- Approximately **18 weeks** (or 9 if you choose the Buddy Box) of **chemical free vegetables** grown in an **Earth friendly** manner, delivered as early as the second week in June through mid October depending on frost.
- **Seasonally fresh herbs** as available
- **Weekly farm newsletters** with useful recipes and healthy living tips
- Invitations and updates on **family farm events, children's and adult workshops**.
- The opportunity to order additional **canning vegetables**
- **Peace of mind** in knowing that you are feeding your family **nutritious, safely handled food** reserved weekly just for you....no need to beat the market.
- **A farm** with which you and your family are welcome to be involved in the planting and harvesting as much or as little as you wish.
- The **opportunity** to share with your children home cooking & the growing process which we hope will be a part of their future.

June Sample box:

1 lb. bag of lettuce mix, 3/4 lb. snap peas, 1 bunch of radishes, green onions or leek, 1 bunch of beets, 1 lb. of sauté greens or spinach, 1 bunch of rhubarb, 1 kohlrabi, parsley, deleted bunch of carrots

August Sample box:

2 heads of Romaine lettuce, 4 tomatoes (heirlooms and slicers), 1 pt. cherry tomatoes, 3 onions, 2 bell peppers, 1 lb. green or yellow beans, 2-3 small zucchinis or summer squash, 3 cucumbers, 1 head of broccoli, and 1 bunch of basil.

October Sample box:

1 lb. lettuce mix, 1 head of cauliflower, 1 head of broccoli, 2 heads of garlic, 1 bunch of carrots, 3 lb. of potatoes, 1 butternut or acorn squash, 1 bunch of celery, 3 red onions, and 1 bunch of kale.

Where We are Located

Our farm is located at W10835 Bluebell Rd. in Deerbrook, WI (about 8 minutes from Antigo's north side)

Drop off / Pick up Sites

You will be informed of set weekly **Thursday** pick up time at the following drop sites by May 31st. You may choose from one of the following: the **Farm** (Deerbrook), **Green Hen Natural Living** (Antigo), **Center of Health and Performance** (Antigo, Hospital site), **Sweet Thyme** (Antigo's Northside), **Bass Lake** (Summit Lake area), **Advanced Health** (Rhineland), **Red Clover Market**, Weston (Wausau area), **Thrive Foodery**, (Wausau downtown), **Wellness Center** (Merrill) and **Lotter's BP** (Pickerel)

How it Works

1. Pick up your box at an agreed upon location on the same day as delivery. This is important for freshness and as a courtesy to your host. Send a friend if you can't make it.
2. Return your empty box when you pick up or receive the new one. We repack and use them again the following week.
3. Stay connected, read your families weekly emailed newsletter and provide us with feedback. This is one of the perks of a CSA....**you get to know your farmer!**



Share Options

Every other week- (\$26.00/week)

Two payments of \$118.50 or \$234 by June 1st. This is an **every other week box** (9 out of the 18 week season), for singles, smaller appetites or families on the go that still want to eat healthy.

Standard Share- (\$22.00/week) Most Popular!

Two payments of \$199.50 or \$396. by June 1st. A weekly 1/2 bushel box of fresh veggies for 18 weeks. This share is best for 1 to 2 people or a family that may not use many vegetables.

Large Share- (\$29.94/week) Best Value! 2

payments of \$271. or \$539. by June 1st. The large share is a weekly 3/4 bushel box of fresh veggies. Has the same variety as the standard but includes about 30% more veggies. A good 4-5 person or large family size.

Worker Share:

We offer a limited number of worker shares for people interested in working on the farm for their weekly share. Please call for more information. **715-627-4418**

Winter Share-

price/sizes/availability to be announced late Fall

Helping Hand Fund- (Donation)

A contribution of your choice to the Helping Hand Fund allows you to partially pay another family's (with limited income) membership into the CSA. **If you contribute to the Helping Hand Fund you will be considered a farm member and welcome at all farm events.**

Farm Events 2020

Workshops: We have several early Spring family workshops held in our big sunny greenhouse. Some are tailored to children, like making toad houses or planting marigolds, while others, like Organic Gardening 101 or Cooking With Herbs are geared for adults, others include the whole family.

Farm Events: In the past we have had events such as Earth Day/Earth Blessing, Open House, Movie Night and our favorite, Bonfire Night. Each year we also host educational guest speakers.

Shout Out Days: "Shout Outs" are your chance to experience your farm in action., your chance to get dirty. These are not mandatory but strongly encouraged for you to reconnect to your farmer and the place where your food is grown.

All Farm events are announced by email



McDougal's Farm LLC
715-627-4418



Dear Members,

Our commitment to you and to the land is this: we will grow your food using no chemicals or synthetic pesticides or fertilizers; we will offer a variety of vegetables in suitable quantities for you and your family. In turn, you make a commitment to us, to the environment, and to a healthier lifestyle by purchasing a share in our harvest. By sharing some of the risk (and all of the bounty) associated with growing crops in the north, you are buying shares in all of our futures.

Peace and Good Health,

Jerry and Maydene McDougal

Membership Sign up 2020

Please register me as a member of McDougal's Farm LLC Community Support Agriculture Program for the upcoming growing season. I understand that farming is a seasonal and unpredictable undertaking, and that exact selections and quantities included in the weekly distribution will change as the season progresses. In joining the CSA, I agree to share in the fluctuation and variations inherent in farming, and understand that my produce will be grown with sound chemical free sustainable farming practices.

Signature: _____ Date: _____

Name: _____ Address: _____

Phone: _____ E-mail _____ Desired Pickup Location _____

Check choice: Every other- \$234. Standard Share - \$396. Large Share - \$539. Helping Hand Fund (Donation) \$ _____

Total payment: _____ Full payment due by June 1st on all following payment plans

Payment Option: Pay total amount due with one check, Pay with 2 checks, one dated today's date and one post dated June 1st

***For 4 installment payment plan or if you need assistance from our "Helping Hand" fund please call us at 715-627-4418.**

Please make checks payable to: McDougal's Farms LLC Email: mcdougalsfarmllc@gmail.com

Contact Information: Jerry and Maydene McDougal - W10835 Bluebell Rd., Deerbrook, WI 54424 or phone (715) 627-4418