

May's Breakfast Blueberry Zucchini Bread w/ Flax

Preheat oven to 325 degrees

1 cup oil

1 ½ cup sugar

3 eggs

2 2/3 cup flour

1/3 cup flax meal

1 teaspoon salt

1 teaspoon baking soda

1 teaspoon baking powder

1 teaspoon cinnamon

2 cups grated zucchini

1 cup blueberries

Blend oil, sugar and eggs well. Add flour, flax meal, salt, baking soda, baking powder and cinnamon and mix well. Stir in the grated zucchini and blueberries. Spread into 2 well greased bread loaf pans and bake for 1 hour and 15 minutes or until the center is firm to the touch. You can also make this into cupcake form for a quick breakfast on the go, just make sure you decrease your baking time.